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Professional Psychology

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Continuing Professional Education Programs

Fall 2011/Spring 2012



**Master Series in
Clinical Practice**
Pages 2-4



**Innovators in Clinical
Practice & Research**
Pages 11-13

*Freedman Center for
Child & Family Development
Boston Institute for the
Development of
Infants & Parents*



**Continuing Education for
Early Childhood Professionals**
Pages 9, 14-15

Now
Register &
Pay Online at
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- 1 Program Guide by Date
- 2 Master Series in Clinical Practice
- 5 Special Events
- 11 Innovators in Clinical Practice & Research
- 14 Early Childhood Professionals
- 16 Forensic Psychology & Divorce
- 17 Health Psychology & Medicine
- 17 Business & Psychology
- 18 Counseling & Psychotherapy
- 19 Spirituality & Mental Health
- 20 Registration Information


Continuing Your Education at MSPP

The Massachusetts School of Professional Psychology offers a wide range of continuing education programs and special events throughout the year. Courses, seminars, and workshops are designed to provide psychologists, social workers, nurses, educators, and other mental health and business professionals with the knowledge they need to take their careers to the next level.

This year, MSPP offers a wide range of programming. Topics are cutting-edge and highly relevant. Taught by seasoned professionals, our classes are held at times that are convenient for you: days, evenings, even weekends! Choose among the following broad topics:

Master Series in Clinical Practice • Special Events • Innovators in Clinical Practice • Forensic Psychology & Divorce • Early Childhood Professionals • Business & Psychology • Health Psychology & Medicine • Counseling & Psychotherapy • Spirituality & Mental Health

At MSPP, we're here to help you gain the skills and knowledge you need to succeed, and there's no better time to get started than now!

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MSPP Continuing Education Office

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PROGRAM GUIDE BY DATE

D Day Programs **E** Evening Programs **W** Weekend Programs **M** Multi-Day Programs

September 2011

9/1* **M E** Spiritually-Oriented Psychotherapy 19

9/8 **E** Forensic Psychological Issues in Family Court..... 16

9/16 **D** Memorable Meetings, Compelling Conferences, Powerful Presentations8

9/26 **E** Working in the Clinical Moment: Utilizing Process in Psychotherapy..... 18

October 2011

10/1 **W** Hopes and Goals of Therapy Revisited: An Expanded Vision of the Self in Treatment.....5

10/1 **W** The Truth about Girls and Boys: Challenging Toxic Stereotypes About Children 14

10/3 **E** Forensic Psychological Assessment: Challenges for Clinicians..... 16

10/13 **D** Psycho-Spiritual Underpinnings of Peace: IFS and the Process of Building Peace with Individuals and Groups in Conflict 19

10/22 **W** The Role of Culture: Moving Toward Cultural Competence 14

10/22 **W** Engaging the Angry Client: Beyond Anger Management..... 18

10/24 **D** Neurofeedback Training in the Treatment of Pain 17

10/28 **D** Doing Psychotherapy: Beyond Helping Skills..... 11

10/29 **W** Diet and Development for Children in the 21st Century: What's Good? What's Bad? And What is Just Plain Confusing? 9

November 2011

11/4 **D** The Healing Power of Connection: Relational-Cultural Therapy 11

11/5 **W** Body, Mind & Spirit: Transforming Our Sexual Stories 11

11/5 **W** DISC: A Model for Understanding Behavioral Styles 17

11/7 **D** The Self-Compassion Diet: Hypnosis for Everyday Eating Issues 17

11/8* **M E** Teaching with Style: Using MBTI Temperament Ideas to Inform Work with Young Children..... 15

11/19 **W** Introduction to Clinical Practice within the Transgender Community 10

December 2011

12/2 **E** Suicide: What Mental Health Professionals Need to Know 16

12/3 **W** A Developmental Understanding for Assessing and Treating Violent Individuals..... 16

12/9 **D** Interpersonal Neurobiology: The Social Brain 18

January 2012

1/12* **M E** Infant-Toddler-Parent Intervention 15

February 2012

2/24 **D** Eating Disorders: Practical Considerations in the Diagnosis, Assessment and Treatment of Children, Adolescents, Adults and Families 12

2/25 **W** Overcoming the Immunity to Change: Opening a New Pathway to Improvement 12

March 2012

3/12 **D** Mindfulness with Children and Teens in a Health Psychology Setting 17

3/17 **W** "You Can Have Your Opinion" The Sandwich Model of Therapeutic Action 2

3/22 **D** *The Therapeutic Action of Psychodynamic Psychotherapy: Pre-conference Institute*—Listening, Listening Poorly & Refusing to Listen.....6

3/23-3/24 **M W** The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure 7

3/30 **D** The Relaxation Revolution: A Day in Mind Body Medicine 2

April 2012

4/13 **D** Power of Mindsets: A Strength-Based Approach for Working with Angry Youth 3

4/20 **D** Utilizing Motivational Interviewing to Engage Latino Clients in Community Mental Health Settings 8

4/21 **D** Expressive Arts Therapy: Focus on Trauma 8

4/27 **D** How to be More Effective in Treating Individuals with Borderline Personality Disorder 3

4/28 **W** Mindfulness in Psychotherapy: Cultivating Wisdom and Compassion ... 3

May 2012

5/4 **D** Distinguished Careers and Career Opportunities in Behavioral Health 4

5/5 **W** Paradox and Negotiation in Relational Technique: From Impasse to Emotional Growth 4

5/11 **D** Annual Conference on Mental Health and Aging—Integrating Spirituality, Aging and Mental Health Care: Implications for the Clinician and Patient..... 19

5/19 **W** Bringing Courageous Love to Intimate Relationships Using the Internal Family Systems Model..... 13

June 2012

6/1 **D** Strategies of Grief Therapy: A Meaning Reconstruction Approach..... 13

6/8 **D** Modes of Therapeutic Action: Awareness, Acceptance, and Accountability 4

6/15 **D** The Collaborative Problem Solving Approach: Understanding and Helping Kids with Social, Emotional and Behavioral Challenges..... 13

Master Series in Clinical Practice

Jointly sponsored by Harvard Medical School Department of Psychiatry at Massachusetts Mental Health Center/Beth Israel Deaconess Medical Center; Boston Psychoanalytic Society and Institute; and the Massachusetts School of Professional Psychology.

This year's Master Series is being presented in celebration of Dr. Larry Lifson's 30 years of providing continuing education programs to the mental health community and allied professionals. We are pleased to present an exciting series of one day workshops that offer the opportunity to learn from a group of professionals who are among the most senior, innovative and talented practitioners in the field of mental health. The Master Series affords the chance to spend a complete day with leaders in our field to consider the unique perspective each speaker brings to the challenging dilemmas in both theory and practice. We hope that you will consider joining us for the entire series at a reduced tuition or choose the programs most relevant to your own practice.

“You Can Have Your Opinion” The Sandwich Model of Therapeutic Action

**Saturday, March 17, 2012
8:45 am – 4:30 pm at MSPP**

*Alexandra Murray Harrison, MD,
instructor*

This presentation will use contemporary developmental theory and videotape micro-analysis to describe a model of therapeutic action, the “Sandwich Model” that represents the use of insights from infant research to complement psychoanalytic theory. Several clinical cases will be used to illustrate this model: (1) the first individual session of a 3-year-old girl with a history of trauma; (2) clips from the first two years of the analytic treatment of a 5-6-year-old boy on the autistic spectrum; and (3) sessions from the analytic treatment of an adopted Chinese-American girl. This study will emphasize two aspects of therapeutic action evident in videotape microanalysis and apprehensible by developmental theory but difficult to perceive and to understand using psychoanalytic theory alone—the “music”, or coordinated vocalizations, and the “dance”, or coordinated actions, of the therapeutic exchange.

MS47 | 6 CE/CME Credits

All of the Master Series programs
will take place at the
**Massachusetts School
of Professional Psychology**
221 Rivermoor Street
Boston (West Roxbury), MA

The Relaxation Revolution: A Day in Mind Body Medicine

**Friday, March 30, 2012
8:45 am – 4:30 pm at MSPP**

*Herbert Benson, MD and
Ann Webster, PhD, instructors*

Mind/Body Medicine, a new model of health care, offers simple self-care practices that meet people's needs and conditions in today's stressed world. It recognizes interactions between stress and physical, psychological, social, behavioral, cultural and spiritual issues in illness. Psychotherapists need to understand this biopsychosocial model, its terminology, and the efficacy and cost-effectiveness of mind/body medicine techniques. This program, which is both didactic and experiential, describes the foundation of mind/body medicine, research advances, and the role of stress in illness. It provides a “tool kit” of techniques for preventing illnesses, maximizing health, and treating a wide variety of patients and conditions. Participants will experience mind/body practices that include the relaxation response, imagery, stress management and “minis,” cognitive restructuring, acceptance therapy, gratitude journaling, yoga and humor. Participants will learn to apply these techniques to cancer, chronic pain, palliative care, insomnia, panic attacks, HIV/AIDS and aging. Participants will learn the “how to” of integrating these techniques into their practices and their lives.

MS48 | 6 CE/CME Credits

Cost per program	1 program	2 programs*	3 programs*
Doctoral Level Professionals <i>Online discount code at checkout:</i>	\$195 each	\$175 each <i>MS-2DF11</i>	\$165 each <i>MS-3DF11</i>
Master's Level Professionals <i>Online discount code at checkout:</i>	\$170 each	\$155 each <i>MS-2MF11</i>	\$145 each <i>MS-3MF11</i>
Fellows, Interns, Students <i>Online discount code at checkout:</i>	\$115 each	\$100 each <i>MS-2SF11</i>	\$85 each <i>MS-3SF11</i>
<i>*Only for Master Series attendees who register for multiple dates at the same time.</i>			

**Power of Mindsets:
A Strength-Based Approach for
Working with Angry Youth**

**Friday, April 13, 2012
8:45 am – 4:30 pm at MSPP**

Robert Brooks, PhD, instructor

This program will outline a strength-based approach for working with angry, resistant children and adolescents. The approach can be applied in therapy, residential programs, schools and homes. Dr. Brooks will describe the mindset of adults who are effective in their interactions with these youngsters as well as the mindset of resilient children and adolescents. He will outline specific strategies for reinforcing a resilient mindset in at-risk youth, including such qualities as motivation, self-discipline, responsibility, compassion and hope. He will also discuss a framework to assist professionals to become more “stress hardy” and less vulnerable to burnout.

MS49 | 6 CE/CME Credits

**How to be More Effective in
Treating Individuals with
Borderline Personality Disorder**

**Friday, April 27, 2012
8:45 am – 4:30 pm at MSPP**

John G. Gunderson, MD, instructor

This program will provide a pragmatic empirically validated approach to treatment of borderline patients that incorporates aspects of DBT, MBT and TFP. The case will be made that you don’t need specialized training to be an effective therapist. After an initial description of the treatments’ theory

and basic principles, some of the major problems in managing borderline patients will be considered; specifically, establishing an alliance, split treatments, integration of families and the management of suicidality. The final section of the workshop will describe the process of acquiring skills, confidence and satisfaction from treating borderline patients.

MS50 | 6 CE/CME Credits

**Mindfulness in Psychotherapy:
Cultivating Wisdom and
Compassion**

**Saturday, April 28, 2012
8:45 am – 4:30 pm at MSPP**

Christopher K. Germer, PhD, instructor

What personal attributes and qualifications do we look for in a psychotherapist? When we are suffering, we’re likely to seek out someone who is compassionate (able to sustain empathic connection in the midst of suffering) and wise (having a deep understanding of how to live life well). Indeed, it’s difficult to imagine benefiting from a therapist who is unwise or uncompassionate. But what exactly are compassion and wisdom in the context of psychotherapy? Can we cultivate these life-enhancing qualities in and outside the therapy hour? And if so, how? This program will explore the theory, research and essential skills, especially mindfulness and self-compassion, for deliberately cultivating wisdom and compassion in psychotherapy.

MS51 | 6 CE/CME Credits

Distinguished Careers and Career Opportunities in Behavioral Health

Friday, May 4, 2012

8:45 am – 4:30 pm at MSPP

Nicholas Covino, PsyD, instructor

The changing needs of our society add to the already burdened health care system. The needs of children, military veterans and their families, and underserved minorities present both a call to action for health care professionals and an opportunity for professional practice. Leaders in these areas will address the clinical needs, best practices, challenges and career opportunities for mental health professionals as well as reflect on their own professional careers in the field.

MS52 | 6 CE/CME Credits

Paradox and Negotiation in Relational Technique: From Impasse to Emotional Growth

Saturday, May 5, 2012

8:45 am – 4:30 pm at MSPP

*Barbara Pizer, EdD and
Stuart A. Pizer, PhD, instructors*

This program focuses on selective key contributions by authors associated with the relational tradition in psychoanalysis. The emphasis will be on a comparison of relational concepts with the perspectives of other psychoanalytic traditions, and a consideration of continuities and discontinuities in contemporary ideas about transference and countertransference, analyst disclosure, enactment, the unconscious, mental structures and defenses, resistance, impasse and clinical process.

Clinical material offered in association to the presentation of the readings by the instructors and the participants will be important for our discussion of the influence of a relational perspective on analytic techniques and therapeutic action. We will emphasize the work of Paul Russell, Lewis Aron, Stephen Mitchell, Philip Bromberg and Donnell Stern, along with our own writings.

MS53 | 6 CE/CME Credits

Modes of Therapeutic Action: Awareness, Acceptance, and Accountability

Friday, June 8, 2012

8:45 am – 4:30 pm at MSPP

Martha Stark, MD, instructor

Dr. Martha Stark has developed a comprehensive theory of therapeutic action that integrates the interpretive perspective of classical psychoanalysis (enhancement of knowledge “within”); the deficiency-compensation perspective of self psychology and other deficit theories (provision of corrective experience “for”); and the contemporary relational perspective (engagement in authentic relationship “with”). Her focus throughout the day will be on the interface between theory and practice; and she will demonstrate, by way of numerous clinical vignettes, the ways in which the three modes of therapeutic action (knowledge, experience and relationship) can be used to accelerate the transformation of defense into adaptation, need into capacity.

MS54 | 6 CE/CME Credits

Dr. Leon O. Brenner Center for Psychological Assessment and Consultation

The **Brenner Center for Psychological Assessment and Consultation** provides comprehensive psychological assessment to address problems of learning and adjustment for children and adults. On the Center’s staff are senior psychologists, doctoral students and post-doctoral fellows who work as a team to provide comprehensive evaluations; clear, detailed reports; and consultations to facilitate the implementation of assessment recommendations. In addition, the Center now offers culturally competent assessment in Spanish and neuropsychological assessment of older adults.

MSPP has always endorsed the tremendous value of a thoughtful and thorough psychological assessment in improving the treatment and educational plans and in improving quality of life. The Brenner Center provides this invaluable service. Our thorough, accessible reports provide invaluable information to teachers, families, employers and individuals to assist with educational planning, job performance, psychotherapy and personal growth.

For an appointment or more information, call 617-323-1735.

Hopes and Goals of Therapy Revisited: An Expanded Vision of the Self in Treatment

Saturday, October 1, 2011 | 9:00 am – 4:30 pm at MSPP

Co-sponsored by the Center for Psychotherapy and Spirituality at the Massachusetts School of Professional Psychology and the Institute for Meditation and Psychotherapy

Course Directors: Paul Fulton, EdD, John McDargh, PhD, Susan Pollak, MTS, EdD

Terry Bard, DD, Michele Bograd, PhD, Jack Engler, PhD, Mark G. Finn, PhD, James W. Jones, PhD, PsyD, Judith V. Jordan, PhD and Charles Styron, PsyD, presenters

How can we do therapy in such a way as to move persons out of self-absorption and self-centeredness? —Paul Fulton, Institute for Meditation and Psychotherapy

Psychotherapy has traditionally been centered on the suffering of the individual, his/her conflicts, symptoms and suffering. And while psychotherapy is effective in addressing intrapsychic sources of suffering, it remains limited by this focus. Many eastern and western contemplative traditions, for instance, Buddhism (from which mindfulness-informed psychotherapy derives many of its practices), assert that so long as we hold ourselves as the exclusive object of concern, we can never achieve true freedom; happiness is only to be found when we learn to regard others' suffering as deserving of our concern as is our own. Meanwhile there are movements within contemporary psychotherapy that are beginning to articulate something of the same enlarged understanding of the self in treatment, notably Internal Family Systems Theory (IFS), Relational Psychoanalysis, Relational-Cultural Theory and what Daniel Siegel refers to as a "relational neuropsychology." The creative correlation of these contemporary psychotherapeutic perspectives with the wisdom tradition of Buddhism, but also Judaism and Christianity, is what this conference aims to explore.

In this conference we will begin to consider how an expanded view of psychotherapy and the alleviation of psychological suffering must embrace a broader perspective, including the reformulation of the role of the self in therapy, the explicit cultivation of pro-social qualities, a concern for global well being, and the role of ethical conduct in the establishment of peace of mind.

The Impact of Buddhist Views of the Self on Envisioning the Goals of Treatment

9:00 am *Welcome and Opening Mindfulness Meditation*

9:30 am Judith V. Jordan, PhD, Director, Jean Baker Miller Training Institute
The Saga of the Self in Psychotherapy: Evolving Understanding of the Self and Why That Matters

10:10 am *Panel Reflections*

Paul Fulton, EdD, Facilitator, Mark Finn, PhD, James W. Jones, PsyD,
Jack Engler, PhD, Judith V. Jordan, PhD

11:15 am *Open Discussion with Conference Participants*

12:00 pm *Lunch Buffet—conversation at tables; walking meditation*

Alternative Perspectives on the Problem of the Self in Treatment

1:00 pm Michele Bograd, PhD

Internal Family Systems Theory Views of the Hopes and Goals of Treatment

2:00 pm *Small group conversation*

3:00 pm *Challenges and Openings to Rethink Hopes and Goals of Therapy from Other Spiritual Paths*
Charles Styron, PsyD, Facilitator, Reverend James Jones, PsyD, Rabbi Terry Bard, DD

4:00 pm *Concluding reflections/Evaluations*

4:30 pm *Adjourn*

HGT6 | 6 CE Credits | \$135 (includes lunch)

The Therapeutic Action of Psychodynamic Psychotherapy

Jointly sponsored by Harvard Medical School Department of Psychiatry at Massachusetts Mental Health Center/Beth Israel Deaconess Medical Center; Boston Psychoanalytic Society and Institute; and the Massachusetts School of Professional Psychology.

Pre-Conference Institute

Listening, Listening Poorly and Refusing to Listen

with Salman Akhtar, MD

Thursday, March 22, 2012 | 8:45 am – 5:00 pm
at the Fairmont Copley Plaza Hotel, Boston, MA

8:45 am Welcoming Remarks, Robert Pyles, MD
 12:30 – 1:45 pm Lunch (on your own)
 5:00 pm Adjourn

This workshop will be presented in four parts. The first part will focus upon therapeutic listening and will elucidate the types of material one listens to and the various ways in which one listens. The second part will address 'listening' to silence. The psychodynamic and technical variations of the silence of the patient, the therapist, and the simultaneous silence of both will be examined. The third part will elucidate the factors that impede listening; these range from mild hearing defects through characterological resistances and cultural sensitivities. The fourth and final part will focus upon the

4. Improve their skills of listening to patients

unusual intervention of the therapist's refusing to listen to the patient; the indications, risks, and theoretical rationale for such radical departure from the customary rules of technique will be highlighted. Throughout the workshop, clinical examples will be provided and discussion encouraged.

On completion, participants will be able to:

1. Enumerate the various types of clinical listening
2. Distinguish eight different types of silences
3. Understand the technical principles of dealing with patients' silences

SA12 | 6 CE/CME Credits

Tuition: Doctoral Level \$195 • Master's Level \$175 • Fellows, Interns, Students \$95

Salman Akhtar, MD, is a Professor of Psychiatry at Jefferson Medical College, and Training and Supervising Analyst at the Psychoanalytic Center of Philadelphia. He has served on the Editorial Boards of the International Journal of Psychoanalysis and Journal of the American Psychoanalytic Association, and is currently the Book Review Editor of the International Journal of Applied Psychoanalytic Studies. His nearly 300 scientific publications include the books, *Broken Structures* (1992), *Quest for Answers* (1995), *Inner Torment* (1999), *Immigration and Identity* (1999), *New Clinical Realms* (2003), *Objects of Our Desire* (2005), *The Damaged Core* (2009), *Turning Points in Dynamic Psychotherapy* (2009), *The Comprehensive Dictionary of Psychoanalysis* (2009), *Immigration and Acculturation* (2011), and *Matters of Life and Death* (2011). In addition, he has edited 35 books, including the following in the realm of culture and psychoanalysis, including *Freud along the Ganges* (2005), *The Crescent and the Couch* (2008), *Freud and the Far East* (2009), and *The Glow of Darkness* (2012) which deal with India, the Islamic world, the Far Eastern culture, and the African American population of this country, respectively. Dr. Akhtar is the recipient of the Best Paper of the Year Award from the Journal of American Psychoanalytic Association (1995), the Edith Sabshin Award (2000) from the American Psychoanalytic Association, the Kun Po Soo Award (2004), the Irma Bland Award (2005) from the American Psychiatric Association, the Sigmund Freud Award for Distinguished Contribution to Psychoanalysis from the American Society of Psychoanalytic Physicians (2000), and the Robert Liebert Award (2003) for distinguished contributions to Applied Psychoanalysis from the Columbia University Center for Psychoanalytic Training and Research. He has also published seven volumes of poetry and is a Scholar-in-Residence at the Inter-Act Theatre Company in Philadelphia.

The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure

Co-sponsored by Harvard Medical School Department of Psychiatry at Massachusetts Mental Health Center/Beth Israel Deaconess Medical Center, Massachusetts School of Professional Psychology, Boston Psychoanalytic Society and Institute, Boston Institute for the Development of Infants and Parents (BIDIP), PINE Psychoanalytic Center, The Center for Psychoanalytic Studies at the Massachusetts General Hospital, Psychoanalytic Couple and Family Institute of New England, Three Ripley Street, Boston Institute for Psychotherapy (BIP), Massachusetts Institute for Psychoanalysis (MIP), New England Society of Jungian Analysts (NESJA), C. G. Jung Institute–Boston

Friday and Saturday, March 23 – 24, 2012 | 8:30 am – 5:00 pm
at the Fairmont Copley Plaza Hotel, Boston, MA

Course Directors: *Lawrence E. Lifson, MD and Martha Stark, MD*

This eighth extraordinary two-day conference is being held in celebration of Dr. Larry Lifson's 30 years of providing continuing education programs to the mental health community and allied professionals. In honor of this special occasion, many of our very finest local and national teachers will be returning to our annual conference in order to offer their innovative and evolving reflections on the integration of theoretical constructs into clinical practice. They will be joined by other prominent leaders in the field of psychodynamic psychotherapy. The perspectives being represented will include attachment, development, Jungian, self psychological and contemporary relational. Our intent will be to widen the scope of applicability of psychodynamic psychotherapy to a broader range of clinical situations. The overriding goal for the convening of these esteemed educators and clinicians will be to deepen understanding of the curative process, with special attention to the contributions of both patient and therapist in the unfolding of the "cure."

Speakers include: *Dan Buie, MD, Nicholas Covino, PsyD, Jodi Davies, PhD, George Fishman, MD, Diana Fosher, PhD, Alexandra Harrison, MD, James Herzog, MD, Jim Hollis, PhD, Anton Kris, MD, Nancy McWilliams, PhD, Anna Ornstein, MD, Paul Ornstein, MD, Stuart Pizer, PhD, Robert Pyles, MD, Carl Salzman, MD, Martha Stark, MD*

On completion, participants will be able to:

1. Elucidate the therapeutic action of psychodynamic psychotherapy
2. Define the contributions of varying theories to therapeutic change
3. Integrate current theories into clinical practice
4. Widen the scope of applicability of psychodynamic concepts to clinical situations

PP12 | 12 CE/CME Credits

Tuition: Doctoral Level \$350 • Master's Level \$325 • Fellows, Interns, Students \$175

Reduced tuition for attending both of the Therapeutic Action programs

	Doctoral Level	Master's Level	Fellows/Interns/Students
Thu Conference (SA12)	\$195	\$175	\$95
Fri & Sat Conference (PP12)	\$350	\$325	\$175
Both Conferences (SA12 & PP12)	\$495 (save \$50)	\$450 (save \$50)	\$245 (save \$25)
Online discount code at checkout:	TA-DF11	TA-MF11	TA-FF11

These programs are supported in part by an unrestricted educational grant from OmegaBrite.

Memorable Meetings, Compelling Conferences, Powerful Presentations

Friday, September 16, 2011
9:00 am – 12:00 pm at MSPP

Amy Samet, BS, instructor

Oral communication is an all-important skill for educators, mental health professionals and other leaders. Effective public speaking is critical to the success of many professional activities: facilitating a meeting, presenting to a parent group or board, in-service training, or presenting findings to professionals. So when you are called upon to address a group, lead a training, or make a presentation, why not be prepared to do a poised, polished, and professional job of it? Public speaking is a skill that can be greatly enhanced by instruction and coaching. Learn how the principles of public speaking can be applied to meetings, conferences, and presentations of any description—any situation where others are looking to you for leadership, expertise or direction.

SP3A | 3 CE Credits | \$65

A Presidential Symposium

Utilizing Motivational Interviewing to Engage Latino Clients in Community Mental Health Settings

Sponsored by the Dr. Cynthia Lucero Latino Mental Health Program

Friday, April 20, 2012
9:00 am – 4:30 pm at MSPP

Luis Añez, PsyD and Michelle Silva, PsyD, presenters

A rapidly growing Latino population challenges the United States' mental health system. Despite a high service need, significant disparities in access to care have resulted in patterns of low utilization and frequent dropout. Furthermore, natural ambivalence as individuals access a traditionally underutilized source of support may further compromise the effective therapeutic engagement of Latinos. Following the demonstrated efficacy of motivational interviewing (MI) with highly ambivalent client populations, this program

describes the application of MI principles to key Latino cultural values and offers clinical practice recommendations to help create a client-centered and culturally congruent therapeutic milieu. This conference utilizes didactic and experiential learning to provide an introduction and overview of a culturally appropriate model of care adapted for Latina/o clients that takes into account the integration of cultural values in treatment. Specifically, participants will gain awareness about the three largest Latino subgroups in the United States, key cultural values and the clinical relevance and assessment of such values. In addition, participants will gain familiarity with the utilization of an integrated cognitive-behavioral-interpersonal psychotherapy-motivational interviewing model to facilitate change within the therapeutic relationship.

LMHP | 6 CE Credits | \$135

Expressive Arts Therapy: Focus on Trauma

Saturday, April 21, 2012
9:00 am – 4:30 pm at MSPP

Conference Coordinators: Yousef AlAjarma, PhD and Jessica Pishney, PsyD

Nancy Beardall, PhD, CMA, BC-DMT, LMHC, John Berman, MA, Michelle Harris, LMHC, ATR-BC, Ruth Levy, ET, MSW, LICSW, Shaun McNiff, PhD, Alan O'Hare, PhD, presenters

This full day conference includes a keynote address by Shaun McNiff, Professor at Lesley University, followed by workshops in the morning and afternoon that will examine the integration of arts and therapy with a specific focus on trauma. Attendees are invited to choose 3 of the 6 experiential groups in order to gain a deeper knowledge and experience with expressive art therapies and how they relate to trauma. We will look at different theories of expressive therapies, such as drama, art, narrative, song and dance, and how they can be applied to work with families and individuals. The program will focus on how art can be a healing component of therapy, particularly with individuals who have experienced trauma.

AT12 | 6 CE Credits | \$135



Boston Institute for the Development of Infants and Parents at MSPP

Diet and Development for Children in the 21st Century: What's Good? What's Bad? And What is Just Plain Confusing?

Sponsored by the Boston Institute for the Development of Infants and Parents
and the Freedman Center for Child & Family Development

Saturday, October 29, 2011 | 9:00 am – 4:30 pm at MSPP

*Cara Ebbeling, PhD, Christina Economos, PhD and
Wayne G. Shreffler, MD, PhD, presenters*

What are we feeding our children and how is it effecting their development? This conference will provide updates on environmental toxins and food additives that are reported to influence child health and development. Direction and information will be given for guiding healthy eating and addressing obesity concerns through the sometimes confusing theories and information on childhood nutrition. Common sense principles will be provided for pediatric health care providers and parents for deciding what is truth and what is myth. How can we give families nutritional guidance in these modern times?

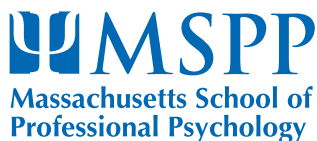
In this conference participants will:

- Gain a greater understanding of mechanism of allergic responses to food antigens
- Be provided examples of current treatment and control to food allergies
- Gain a greater understanding of food allergies and food toxins in relation to child development
- Increase knowledge of factors influencing childhood obesity

DDC6 | 6 CE Credits | \$135

The Boston Institute for the Development of Infants and Parents (BIDIP) is a multidisciplinary, professional organization established in 1973 to study the dynamic interaction of the psychological, biological, social and cognitive systems of the infant and those within the infant-parent relationship. BIDIP is part of the Massachusetts School of Professional Psychology and affiliated with the Eliot-Pearson Department of Child Development, Tufts University, The New England Council for Child and Adolescent Psychiatry and the Human Relations Service

Co-sponsored by



Gay and Lesbian Affirmative Psychotherapy
Serving the LGBTQ Community
A Division of the Institute for Contemporary Psychotherapy

Introduction to Clinical Practice within the Transgender Community

Elijah C. Nealy, MDiv, LCSW, presenter

Saturday, November 19, 2011

9:00 – 4:30 pm at MSPP

*Course Directors: Sara Orozco, PhD,
Ruben Hopwood, MDiv and Rhonda Linde, PhD*

Using lecture, video, and group discussions, this program will cover the basic terms and vocabulary; concepts of gender identity and expression; intersections of race and class; development of transgender identity; decisions to transition (or not); overview of social and/or medical transitions; gender queer identities; psychosocial needs during transition and the role of supportive therapy; and World Professional Association of Transgender Health (WPATH) standards of care.

This workshop is designed to help you:

1. Identify terms and vocabulary relevant to transgender and gender queer identities
2. Discuss the development of transgender identity
3. Recognize the ways that race and class impact transgender clients' lives and the therapeutic relationship
4. Practice the role of supportive therapy for working with transgender clients,
5. Utilize the World Professional Association of Transgender Health (WPATH) standards of care

TC11 | 6 CE Credits | \$135



Elijah C. Nealy, MDiv, LCSW, is an out transgender man with over 25 years experience as a clinician, trainer and consultant around LGBT concerns in both pastoral and social service settings. He is the former director of adolescent & adult mental health at the LGBT Community Center in NYC, and served as the Center's Deputy Executive Director. He currently teaches at Columbia University School of Social Work and the Institute for Contemporary Psychotherapy/GLAP. In his private practice, he specializes in gender identity concerns with youth, adults, and families, as well as seeing individuals around a range of other life issues.

Doing Psychotherapy: Beyond Helping Skills



Friday, October 28, 2011 | 9:00 am – 4:30 pm at MSPP

Clara E. Hill, PhD, instructor

This day-long program will first provide a rationale for going beyond helping skills once trainees have gained some mastery of these skills. Dr. Hill will then provide an overview of her humanistic, experiential, interpersonal, and psychodynamic model of psychotherapy, focusing on three aspects of the model in depth: helping clients work through relationship issues, processing the therapeutic relationship, and working with dreams. For each component, Dr. Hill will provide a theoretical overview, clinical examples, and an experiential exercise.

PS60 | 6 CE Credits | \$145

The Healing Power of Connection: Relational-Cultural Therapy



Friday, November 4, 2011 | 9:00 am – 4:30 pm at MSPP

Judith V. Jordan, PhD, instructor

This program will explore the core concepts of Relational-Cultural Therapy. We will examine the shortcomings of ‘separate self’ psychologies and how a shift to relational psychology alters our understandings and interventions. Participants will look at the ways that isolation creates suffering and we will touch on the ways in which we are hard wired to connect with others. We will learn how an approach characterized by mutual empathy and therapeutic authenticity brings people back into connection and growth. Presentation of concepts, discussions of cases, videos and some experiential exercises will help deepen an understanding of how this model can lead to more effective psychotherapy. Participants should have some clinical training but professionals interested in education and social policy will also find this program relevant to their work.

RCT1 | 6 CE Credits | \$135

Body, Mind & Spirit: Transforming Our Sexual Stories



Saturday, November 5, 2011 | 9:00 am – 4:30 pm at MSPP

*Jean Kilbourne, EdD, Judy Leavitt, EdD and
Gina Ogden, PhD, presenters*



This conference is about helping women find new meaning in their sexual stories and discover multiple paths to pleasure, power and satisfaction—at any age, with or without a partner. We begin the day with Jean Kilbourne and her acclaimed work on how women are so devastatingly portrayed in the media. She will take us on a journey that opens our eyes to the intense over-sexualization and objectification of women. Gina Ogden will bring us hope and guidance by showing us innovative ways to transcend guilt, shame, and ‘good-girls-don’t’ messages; heal the sexual wounds of violence, abuse, and compulsivity; create heart-to-heart communication; and expand our capacity for love, creativity and compassion. In the afternoon, Judy Leavitt will present her work on the Sexual Alarm System, an alarm that develops around women’s bodies telling them, ‘Danger’ and also interferes with their

(continued next page)

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ability to be sexual. In addition Judy will share specific special body work exercises that help women reclaim their sexuality and work through the Sexual Alarm System. Finally, together Gina and Judy will consult with the participants on cases that they present. Participants will be encouraged to submit cases prior to the conference. We want all of you to be part of this special day with us.

BMS6 | 6 CE Credits | \$135

Eating Disorders: Practical Considerations in the Diagnosis, Assessment and Treatment of Children, Adolescents, Adults and Families



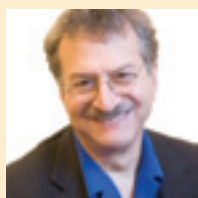
Friday, February 24, 2012 | 9:00 am – 4:30 pm at MSPP

Mona Villapiano, PsyD, instructor

Clients with eating disorders present the clinician with many challenges. In this program, participants will learn the unique questions to ask to safely and effectively diagnose and assess clients with eating disorders. What practical information does the clinician need to know in order to work with clients? What questions, beyond those in standard diagnostic protocols, must a clinician ask to adequately and comprehensively diagnose and assess an eating disorder? What goes into a comprehensive treatment plan? What treatments are most effective for children, adolescents, adults and families? Participants will learn how to develop comprehensive treatment plans utilizing Stages of Change, CBT, DBT, psychodynamic psychotherapy, expressive therapies, and Maudsley Method techniques to effect change in children, adolescents, adults and families with eating disorders.

ED63 | 6 CE Credits | \$135

Overcoming the Immunity to Change: Opening a New Pathway to Improvement



Saturday, February 25, 2012 | 9:00 am – 4:30 pm at MSPP

Robert Kegan, PhD, instructor

Dubbed “one of Harvard’s most entertaining professors” by The London Times and “everyone’s favorite developmental psychologist” by Ken Wilber, Robert Kegan has spent a lifetime studying adult development—and what we do to prevent it. He and Harvard colleague Lisa Lahey are credited with uncovering a hidden mechanism that keeps people from making exactly those changes they most want to see in themselves. In this fast-moving, interactive, and experiential session, Kegan will help each of us to see our own “immunity to change,” and their approach to helping people overcome it, which has now attracted the interest of coaches on every continent. This experiential program has been conducted with CEOs and the CIA; K-12 and university educators and administrators; bankers and firefighters; software engineers and management students; psychologists, psychiatrists, executive coaches and human resource officers; government leaders, international business consultants, state judges, church leaders, attorneys, journalists and physicians. Participants should come expecting to have a good time while doing some hard and valuable introspective work. The process Kegan and Lahey have built emphasizes safety in the process of personal discovery. Participants are encouraged to set the pace that works best for them throughout the session.

RK60 | 6 CE Credits | \$135

Bringing Courageous Love to Intimate Relationships Using the Internal Family Systems Model



Saturday, May 19, 2012 | 9:00 am – 4:30 pm at MSPP

Richard C. Schwartz, PhD, instructor

IFS is a gentle, yet powerful, healing delivery system that releases the therapist from the need to be clever because it trusts and empowers the clients' Self. In this workshop participants will learn to help couples identify and heal the parts of them that interfere with intimacy and communication so that they can achieve courageous love in which each partner becomes the primary caretaker for their own parts, freeing their partner to be the secondary caretaker. When this is the case, couples are able to communicate with compassion, calm, clarity and confidence even around threatening issues. They also feel safe to reveal their more vulnerable parts which create connectedness. The day will be very practical so that participants will walk away with new perspectives and methods for even their most difficult clients.

FS12 | 6 CE Credits | \$155

Strategies of Grief Therapy: A Meaning Reconstruction Approach



Co-sponsored by the National Center for Death Education at Mount Ida College and the Center for Mental Health and Aging and the Institute for Clinical Health Psychology at MSPP

Friday, June 1, 2012 | 9:00 am – 4:30 pm at MSPP

Robert A. Neimeyer, PhD, instructor

As grief theory and research have grown to include emotion-focused, attachment, and meaning-oriented approaches, so, too, has the range of methods available to grief therapists. This workshop explores principles and practices that are derived from these perspectives, with a focus on four domains including grief, narrative, continuing bonds, and imagery work. Through examples and videos, we examine the relevance of these methods for reconstructing the client's relationship to the deceased, and for revealing obstacles to reconstruction.

GT60 | 6 CE Credits | \$155

The Collaborative Problem Solving Approach: Understanding and Helping Kids with Social, Emotional and Behavioral Challenges



Friday, June 15, 2012 | 9:00 am – 4:30 pm at MSPP

Ross W. Greene, PhD, instructor

Based on research in the neurosciences over the past 30 years, the Collaborative Problem Solving (CPS) model posits that challenging behavior is the result of lagging cognitive skills, especially in the domains of flexibility/adaptability, frustration tolerance, and problem-solving. CPS helps adults and kids solve the problems precipitating challenging behavior and simultaneously teach kids the skills they're lacking. The model, which represents a dramatic departure from conventional wisdom and practice, has been found to be highly effective in an array of settings, including families, general and special education schools, therapeutic group homes, and inpatient, residential and juvenile detention facilities. Participants in this workshop will leave with an understanding of the underpinnings of the CPS model, along with practical assessment and intervention tools that can be brought back to and used in these diverse settings.

CPS6 | 6 CE Credits | \$145

FREEDMAN CENTER
for Child & Family Development
 at the Massachusetts School of Professional Psychology

The Richard I. and Joan L. Freedman Center for Child & Family Development was established at MSPP to support and train parents, educators, and mental health professionals to best serve the needs of families. The Center offers unique programs and valuable services that address a wide range of mental health and wellness issues. For more information, please contact, Margaret Hannah, Executive Director at margaret_hannah@mspp.edu or call 617-332-3666 x136. Go to page 20 for a map to the Freedman Center, Newton.

**Freedman Center
 Community
 Education Programs:**

- Music & Movement for Young Children
- Free Support Groups for First-time Parents
- Free Support Groups for Parents of Teens

**The Truth about Girls and Boys:
 Challenging Toxic Stereotypes About Children**

Saturday, October 1, 2011 | 9:00 am – 1:00 pm at the Freedman Center, Newton

Rosalind C. Barnett, PhD and Caryl Rivers, MS, instructors



Today, both educators and parents are regularly fed a diet of “science” that is, at best, a misunderstanding of the research, and at worst, a deliberate misrepresentation of it. The education of young children is much too important to the future of our nation to let the situation remain unchallenged. A large body of literature refutes popular gender stereotypes. Through the use of lecture, interaction, and small group discussions, this program will raise the awareness of participants regarding their own potential gender stereotypes, for example, that girls are risk averse while boys are fearless, or that girls are naturally empathetic while boys are not. Participants will learn how stereotypes

influence parents and teachers who unwittingly fall prey to them in everyday dealings with young children in their care.

TGB4 | 4 CE Credits, 4 PDPs or 0.4 CEU | \$85

The Role of Culture: Moving Toward Cultural Competence

Saturday, October 22, 2011 | 9:00 am – 3:30 pm at MSPP, West Roxbury

Anastasia Galanopoulos, PhD, instructor

Children grow up in a cultural context influenced by many variables, such as ethnic, racial, linguistic and/or religious backgrounds. How can differing cultural values affect communication patterns among professionals, children and families, as well as children’s behavior and learning? This program examines differences in values, beliefs and practices among various cultures, and how they can impact the intellectual and socio-emotional lives of children (through middle school age) and families. It explores how misunderstandings based on cultural conflicts can occur within parent-professional communication, as well as among colleagues and children. It discusses strategies for preventing miscommunication, as well as working through cultural conflict when it does occur.

RC50 | 5 CE Credits, 5 PDPs or 0.5 CEU | \$100

Teaching with Style: Using MBTI Temperament Ideas to Inform Work with Young Children

Four Tuesday evenings: November 8, 15, 22, 29, 2011
6:30 – 9:00 pm at the Freedman Center, Newton

Deborah Weinstock-Savoy, PhD, instructor

This 4-session program will help early childhood professionals (especially teachers of children ages 3 through 8 years) gain a better understanding of both themselves and young children, using personality ideas based on the Myers Briggs Type Indicator (MBTI) and the temperament theory work of David Keirsey. Session 1 offers insights into the “special gifts” of the educator: communication style, strengths and vulnerabilities. Session 2 focuses on how to re-charge personal batteries, whether an Extravert or Introvert, as well as how to help introverted and extraverted children thrive in the classroom. Sessions 3 & 4 apply MBTI temperament ideas to identify the characteristics of “Monkeys, Beavers, Dolphins, and Owls” and generate practical strategies for working with all children. All participants are asked to complete a free online personality questionnaire at either www.humanmetrics.com, or www.personalitytype.com, before beginning this program, to provide an educated guess regarding their own MBTI temperament.

TS10 | 10 CE Credits, 10 PDPs or 1 CEU | \$195



Infant-Toddler-Parent Intervention

Co-sponsored by the Freedman Center for Child & Family Development and the Boston Institute for the Development of Infants and Parents (BIDIP) at the Massachusetts School of Professional Psychology, and the Infant Parent Training Institute at Jewish Family and Children's Service

14 Thursday evenings: January 12, 19, 26, February 2, 9, 16;
March 1, 8, 15, 22, 29; April 5, 12 (subject to change)
6:30 – 9:00 pm at the Freedman Center, Newton, MA | MSPP

Course Co-Developed by *Frances Mervyn, PhD*

Invited course faculty includes: Jean Bellows, PsyD, Ken Hopkins, PsyD, Peggy Kaufmann, MEd, LICSW, Lizzie McEnany, PsyD, Susan Sklan, MEd, LICSW, Eda Speilman, PsyD, Nancy Terres, PhD and Claudia Yellin, PhD

This course is designed to introduce basic concepts and issues in infant-toddler-parent intervention. Topics covered include: pregnancy and labor, the family triad, basic attachment theory, reflective functioning, postpartum mood disorders and depression, challenges to the infant parent relationship (re: eating, sleeping and those born with special needs), post adoptive depression in the parents, the relevance for adult psychotherapy of infant research, infant observation and infant parent psychotherapy.

ITP12 | 28 CE Credits | \$875

Fall Forensic Series at MSPP

Forensic Psychological Issues in Family Court

Thursday, September 8, 2011
6:00 – 8:00 pm at MSPP

Steven N. Sparta, PhD, instructor

This program will describe major forensic psychological applications in the family court including the following court ordered roles: psychological evaluator for child custody; mediation and parent coordination; psychotherapy for parent or child; and case consultant to an individual litigant or an attorney. Each application will be considered from the perspective of standards of practice and relevant professional guidelines; ethical considerations and liability risk; and relevant statutes, rules of court or case law. Case examples will be provided and case discussion will be encouraged. Special topics will also be considered including allegations of parent alienation, domestic violence, alcohol/substance abuse, and child abuse—particularly child sexual abuse.

FP20 | 2 CE Credits | \$45

Suicide: What Mental Health Professionals Need to Know

Friday, December 2, 2011
9:00 am – 4:30 pm at MSPP

Lisa Firestone, PhD, instructor

There is a clear need for more extensive training in the management and treatment of suicidal clients. This workshop provides an in-depth understanding of the dynamics in suicide and of the legal, ethical, and case management issues when dealing with suicidal clients. The use of case studies and hands-on use of assessment instruments provides participants with practical skill enhancements that can be directly applied in their practice. The goals of the workshop are to: (1) provide the latest findings on the risk factors and demographics of suicide; (2) offer a conceptual model and a developmental perspective on the dynamics underlying suicide; and (3) address the topics of assessment and treatment.

S611 | 6 CE Credits | \$145

Forensic Psychological Assessment: Challenges for Clinicians

Monday, October 3, 2011
6:00 – 8:00 pm at MSPP

Anna Myers, PhD, instructor

This workshop will discuss forensic uses of common assessment instruments, including the Minnesota Multiphasic Personality Inventory-2 (MMPI-2), Personality Assessment Inventory (PAI), and the Rorschach. In particular, we will examine how these measures can be used to detect malingering and defensiveness among court-referred and incarcerated individuals. In addition, we will review some of the method psychological test data in court—including a discussion of the so-called “Frye” and “Daubert” standards.

FP21 | 2 CE Credits | \$45

A Developmental Understanding for Assessing and Treating Violent Individuals

Saturday, December 3, 2011
9:00 am – 4:30 pm at MSPP

Lisa Firestone, PhD, instructor

According to the World Health Organization (2002), the overall violent death rate in 2000 in the United States was approximately twice as high as the estimated rate for other high-income countries. To more effectively deal with this monumental public health problem, it is important to integrate knowledge from several disciplines to enhance our understanding of the numerous factors that contribute to an individual’s potential for violence. This presentation will integrate findings from the fields of neuroscience, attachment, and psychology. This workshop provides: (1) an in-depth understanding of developmental issues contributing to violence; (2) the triggers of violence; and (3) assessment, case management, and treatment of violent or potentially violent individuals.

V611 | 6 CE Credits | \$145

Monday Clinical Health Psychology Series at MSPP

Neurofeedback Training in the Treatment of Pain

Monday, October 24, 2011
3:00 – 5:00 pm at MSPP

Edward H. Jacobs, PhD, instructor

Neurofeedback is biofeedback of the central nervous system through operant conditioning of the EEG. It is used to improve the regulation of the central nervous system by training the brain to alter its electrical activity in or between selected sites on the cortex. This program will present the research in using this treatment modality to treat chronic pain conditions. The program will introduce the attendees to the experimental, theoretical and clinical background of neurofeedback and focus on its particular application to pain. The program will include lecture and computer demonstration of software.

HP41 | 2 CE Credits | \$45

The Self-Compassion Diet: Hypnosis for Everyday Eating Issues

Monday, November 7, 2011
3:00 – 5:00 pm at MSPP

Jean Fain, MSW, instructor

Based on Jean Fain's book, *The Self-Compassion Diet* (Sounds True, January 2011), this workshop will present a best-of-all-worlds hypnotic treatment approach

to everyday eating issues informed by the latest research and proven practices from self-compassion, mindfulness and cognitive-behavioral therapy. Depending on the group's preference, time will be allotted for general discussion, case presentations/consultations, and/or a group trance experience.

HP42 | 2 CE Credits | \$45

Mindfulness with Children and Teens in a Health Psychology Setting

Monday, March 12, 2012
3:00 – 5:00 pm at MSPP

Christopher Willard, PsyD, instructor

The words "meditation" and "medicine" derive from the same Sanskrit word for "inner measure." It is not surprising that the interest in mindfulness continues to grow in all areas of psychotherapy, but particularly in health psychology where it has proven a powerful adjunct to traditional western medicine. The benefits can be measured not just in quality of life measures, but in pain management, sleep and immune system functioning. In this workshop, we will examine the research and rationale behind integrating mindfulness practices into health psychology settings, discussing practical ways to do so, and learning practices that can benefit children, teens, families and caregivers alike.

HP34 | 2 CE Credits | \$45

Business & Psychology

DISC: A Model for Understanding Behavioral Styles

Saturday, November 5, 2011
9:00 am – 1:00 pm at MSPP

Kathy Ball-Toncic, MA, instructor

Successful people understand themselves, how their behavior impacts others and how to capitalize on their behavioral strengths. One of the best ways of improving your personal and leadership effectiveness is by identifying your personal style and behavioral tendencies. This determines how you perceive

the world, other people and how you act or react to those around you. Knowing this allows you to adjust your approach to bring the best out of yourself and others. The DISC workshop's primary goal is to help you fully understand your personal style, be able to adapt it to meet the demands of the situation and have a more positive impact on others. This DISC workshop includes:

- 1.) A personal DISC assessment;
- 2.) Workbook designed for the workshop and as a reference;
- 3.) 2 sample reports for your practice (to give to clients, family, friends, etc); and
- 4.) Sample unique selling propositions for your business.

DISC | 4 CE Credits | \$175
 Limited to 24 participants

Working in the Clinical Moment: Utilizing Process in Psychotherapy

Monday, September 26, 2011 | 6:30 – 8:30 pm at MSPP

Jack Foehl, PhD, instructor

In psychoanalytic and psychodynamic approaches to psychotherapy, there has been a profound shift from emphasizing different theories of treatment to emphasizing a focus on the process of treatment. In this program we will explore the role of the psychotherapeutic process with a consideration of its role in all psychotherapeutic encounters. A shift in focus from the causes of experience to the nature of experience reformulates how we characterize clinical work today. We will examine the implications of this shift, offering practical examples of therapy today that will stimulate participants to discover and challenge the assumptions about change in clinical work.

CM20 | 2 CE Credits | \$45

Engaging the Angry Client: Beyond Anger Management

Saturday, October 22, 2011 | 9:00 am – 1:00 pm at MSPP

Kristin A. R. Osborn MA, LMHC and Joe Pereira, LICSW, CAS, instructors

Anger is an emotional state that can range from mild irritation to murderous rage. Cognitive-behavioral strategies provide an important component to treatment of individuals who are experiencing difficulty with anger regulation. Yet, cognitive-behavioral techniques are often insufficient to process and work through feelings of anger. Clients need to learn a way to tolerate the emotion of anger and also recognize other emotions that may be concealed by their anger. Participants in this workshop will gain an understanding of how the treatment of anger problems can be enhanced by using both cognitive-behavioral interventions as well as a psychodynamic approach through affect phobia therapy.

AC04 | 4 CE Credits | \$85

Interpersonal Neurobiology: The Social Brain

Friday, December 9, 2011 | 9:00 am – 3:30 pm at MSPP

Steven Krugman, PhD, instructor

This program examines how our brains use relationships to make sense of our social world, and in the process, create mind. Building on the work of Daniel Siegel, Alan Schore, Anthony Damasio, Lisa Barrett, and others, we will look at how the right brain “reads” emotional signals from others (and our bodies) to guide our adaptive interactions with them. We will review brain basics, right brain to right brain communication, the role of mirror neurons, and the impact of affective arousal on our behavior. We will also examine the interaction between attention, affect, and cognition. This perspective has powerful implications for psychotherapy of all kinds.

SB50 | 5 CE Credits | \$110

Spiritually-Oriented Psychotherapy

Sponsored by the MSPP Center for Psychotherapy and Spirituality

15 Thursdays:

September 1, 8, 15, 22, 29; October 6, 13, 20, 27;

November 3, 10, 17; December 1, 8, 15, 2011

5:30 – 8:20 pm at MSPP

John McDargh, PhD, instructor

This course provides an orienting introduction to a rich range of perspectives and practices that have developed, particularly over the last twenty years, within clinical psychology which variously aim to integrate attention to the religious and spiritual dimension of life into the heart of clinical practice. Course participants are offered the intellectual tools and collegial support to reflect critically and creatively on their own experiences and commitments and to formulate approaches to clinical work that are congruent with these.

SP30 | 35 CE Credits | \$995

The Pre-Conference Institute of the 2011 Internal Family Systems Annual Conference

Psycho-Spiritual Underpinnings of Peace: IFS and the Process of Building Peace with Individuals and Groups in Conflict

Co-sponsored by The Center for Self Leadership and the Psychology of Peace Initiative and the Center for Psychotherapy and Spirituality at the Massachusetts School of Professional Psychology

Thursday, October 13, 2011 from 9:00 am – 4:30 pm
at the Hyatt Harborside Hotel, Boston, MA

Presentations by: Richard Schwartz, PhD, Corky Becker, PhD, Julie Oxenberg, PhD, The Israeli Institute for IFS and Beyond Words, Kfar Vradim, Israel

For more Information or to Register go to: www.selfleadership.org

Hopes and Goals of Therapy Revisited: An Expanded Vision of the Self in Treatment

**Saturday
October 1, 2011**

See page 5 for complete details.

SAVE THE DATE

Annual Conference on
Mental Health and Aging

Integrating Spirituality, Aging and Mental Health Care: Implications for the Clinician and Patient

Co-sponsored by The Center for Mental Health and Aging, the Institute for Clinical Health Psychology and the Center for Psychotherapy and Spirituality at the Massachusetts School of Professional Psychology

Friday, May 11, 2012 | 9:00 am – 4:30 pm

A698 | 6 CE Credits | \$130 (includes lunch)

How to Register

Online Registration: It's easy and convenient to register for your MSPP/CE programs online. Go to www.mspp.edu/ce and click on the "CE Registration" link to view a listing of all upcoming program offerings—or to search for a specific program. Click on a program's title to view more details and/or to register for that program. The registration wizard will prompt you through the process.

Write: Use the form on the last page to mail in your registration. Include a personal check or money order made payable to MSPP/CE. If paying by VISA, MasterCard, or American Express, include your credit card number, the expiration date, and your signature. Send us your completed registration form by mail to: MSPP/CE, 225 Nevada Street, Newton, MA 02460 or fax it to: 617-244-1072.

Phone: We are happy to complete your registration by telephone and/or answer any questions you may have about the MSPP Continuing Education programs. Call us at 617-244-1682 weekdays from 9:00 am–5:00 pm.

Register early! Many of our classes have limited enrollment and fill quickly, so to avoid disappointment, please don't delay! Sign up immediately to ensure a seat in the program(s) of your choice.

Course Admission You will be officially enrolled in the seminar(s) of your choice as soon as we receive your registration form and payment. We will notify you by email if there is a problem with your registration or if there are changes about which you should know. Be sure to sign in at the greeting table at the start of each CE program.

Please Note: Some discounts may be available for full-time students, and retired or unemployed professionals. Call 617-244-1682 for more information.

Bad Weather If weather conditions are bad and you are uncertain about the status of your program, please call us at 617-244-1682.

MSPP reserves the right to cancel seminars that are under-enrolled, to change times and locations if necessary, and to substitute instructors.

Handicapped Access MSPP's building in West Roxbury/Boston is fully accessible.

Seminar Locations Most of our seminars are held at MSPP in West Roxbury/Boston, where free parking is available. Those seminars being held in other locations are noted. For directions use maps to right or visit www.mspp.edu/directions. Information for all other seminar locations is available at the MSPP Continuing Education office. Please call us in advance if you need assistance at 617-244-1682.

Refunds, Transfers, Credits & Withdrawals:

We will refund your full fee or issue you a credit in the event that we cancel your seminar.

If the seminar for which you registered is full, we will contact you, and if you wish, place you on a waiting list or refund your full fee.

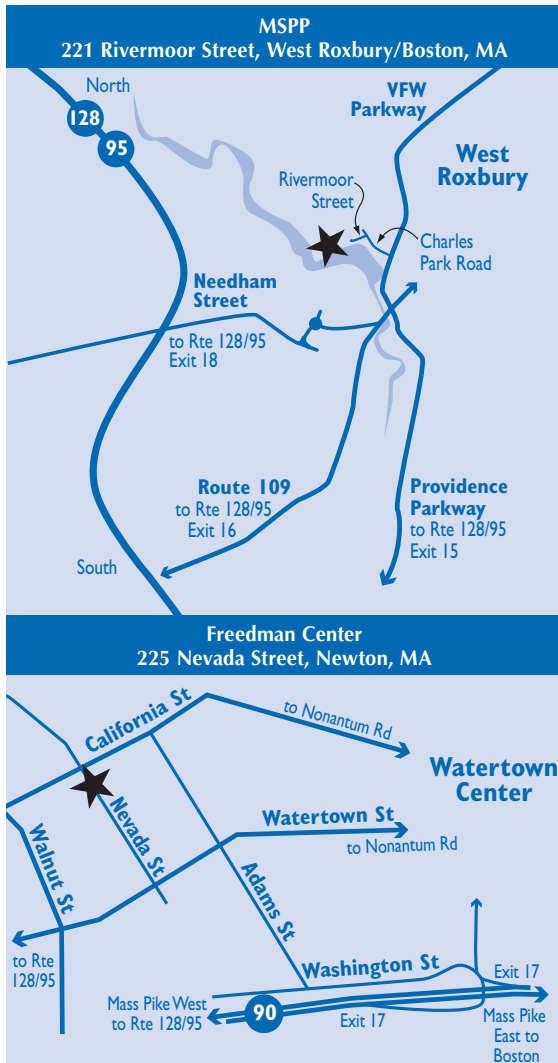
If you withdraw from a program at least 10 days before the seminar starts, we will send you a refund minus a \$20 processing charge, or arrange a full credit (unless otherwise noted).

If you contact us less than 10 days before your program, MSPP/CE will arrange a credit of the program fee paid to be used within two years at a CE Program. There will be no refunds or credits issued on or after the program's start date.

Continuing Education (CE) Credit:

See mailing panel for more information.

Please Note: Replacement Certificates of Attendance are available. There is a fee of \$5.00 per certificate.



Continuing Professional Education Programs

Fall 2011/Spring 2012

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Make check or money order (do not mail cash) payable to **MSPP/CE**
 Mail to: **MSPP/CE | 225 Nevada Street | Newton, MA 02460**

Upon receipt of registration and payment, MSPP/CE will consider your registration confirmed. We will notify you by email if there is a problem with your registration.

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Signature: _____









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Continuing Education Credits

Psychologists The Massachusetts School of Professional Psychology (MSPP) is approved by the American Psychological Association to sponsor continuing education for psychologists. MSPP maintains responsibility for this program and its content.

Social Workers Most of MSPP's continuing education programs meet the specifications of the Board of Registration of Social Workers (258 CMR). Contact MSPP/CE to get the authorization number of the program(s) you will be attending.

Nurses Most of MSPP's continuing education programs meet the specifications of the Board of Registration in Nursing (244 CMR).

Counselors MSPP is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors and Category I CE Credits for LMHCs. MSPP adheres to NBCC's continuing education guidelines. (*Provider Number: 5678*) Includes Licensed Mental Health Counselors (LMHC), National Certified Counselors (NCC), Certified Clinical Mental Health Counselors (CCMHC), National Certified School Counselors (NCSC), and Master Addiction Counselors (MAC).

Educators MSPP is approved by the Commonwealth of Massachusetts to offer Professional Development Points (PDPs). (Provider Number 5-0416-999)

For additional information about continuing education credits for specific seminars for other professionals please call 617-327-6777 or outside 617/508 call toll-free 888-664-6777 (MSPP).

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Register Today!

**Hopes and Goals of
Therapy Revisited:
An Expanded Vision of
the Self in Treatment**
Saturday October 1, 2011
(See page 5 for details)

**Body, Mind & Spirit:
Transforming
Our Sexual Stories**
Saturday, November 5, 2011
*Jean Kilbourne, EdD,
Judy Leavitt, EdD, and
Gina Ogden, PhD, presenters*
(See page 11 for details)

**Introduction to Clinical
Practice within the
Transgender Community**
Saturday November 19, 2011
*Elijah C. Nealy, MDiv, LCSW,
presenter*
(See page 10 for details)

